



Energy advice on your... **Tenement**

Shettleston has many tenemental properties in the area. These are of solid wall construction, usually with large rooms and high ceilings.

Due to the construction and room size within these properties, retaining heat can be difficult. They are not as well insulated as new builds, which is great for natural ventilation but not so good for draughts.



To get the best from your home follow these simple measures:

- Curtains are better than blinds at keeping out draughts.
- Stop draughts, try using draught excluders where you can.
- Use heating controls efficiently.
- Choose energy efficient appliances and lighting.
- Prevent cold traps as these could lead to condensation. See our leaflet 'Condensation – Prevention and Cure'.



Many different organisations are trying to find solutions to Glasgow's difficult to heat tenements. SHA is currently planning double glazed window replacements for the older, single glazed tenement properties, as well as a pilot internal insulation project in the 'honeymoon' block.

For free energy advice and to arrange a home visit, please call our energy advisers, **Angela** or **Evelyn**, on...**Freephone 0808 202 6565**

Shettleston Energy Advice is made possible through funding from the Climate Challenge Fund

General Energy Advice



Keep out draughts

- Hang curtains on all windows and use heavier ones in winter. Remember to open the curtains during the day to let in heat from natural sunlight.
- Install draught excluders around doors, letter boxes and any other gaps.



Keep warm

- Understand your heating system – if you are unsure, contact the SEA team or your maintenance officer for advice.
- Heat your home efficiently using timers and other controls.
- Set the thermostat between 18 and 21°C.
- Use radiator thermostats (TRVs) to control the temperature in individual rooms.
- If your boiler has an Eco button, make sure it's ON.



Keep the heat in!

- Close doors and windows when the heating is on.
- Don't cover radiators with furniture or damp clothes.



Saving on lighting and electricity

- Don't leave appliances on standby.
- Switch off any appliances or lighting when not in use.
- Don't tumble dry if you are able to dry clothes on clothes horse or outside.

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