

# shettleston matters

THE NEWSLETTER OF SHETTLESTON HOUSING ASSOCIATION

APRIL 2022

*Serving the communities of Shettleston, Springboig, Greenfield and Sandyhills*

## We're here to help...

**As we all get used to living with Covid many people will now have the 'cost of living crisis' at the forefront of their minds.**

One of the Association's key objectives for the coming year is to support our tenants and the local community as best we can through the tough times that lie ahead. Inside this newsletter we report on some of the steps we have taken to boost incomes and a reminder of the local projects and services that can also provide help and support.

Energy use and fuel bills are going to be at the heart of things in the months and years ahead. Inside we give some tips on this and where you might be able to get help and assistance if struggling with your bills.

Another big issue is how we can improve the energy efficiency of our homes. 96% of them now achieve a minimum of energy performance rating band C. Our aim is to further improve this to help reduce fuel bills and where possible meet the higher EESSH 2 standard that the government



## Spring is in the air...

April has seen unpredictable weather with bright sunshine followed almost immediately by hail and snow. But Spring is officially here and our programme of landscape gardening is underway – look out for our Upkeep teams working in your area.

wants all social landlords to achieve by 2032. In the next edition we will report back on our recent study into what would be involved in doing this for our main house types. Unfortunately there are huge costs involved in achieving these standards and unless the government provides additional funding then our choice is to either cut investment in our homes and services or put the rents up – neither of which we want to do! In the meantime our

investment plan for the coming year (page 2) – only possible because of the recent rent increase – will help start to improve things for some tenants.

There is a range of other news about our activities and services in the area inside and we hope you find something of interest. Please remember to check our website/social media regularly for updates on useful information between newsletters.

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# Property news...

### Investment in our homes

In the coming year we plan to invest £3.1million in improvements to our existing homes. This will include:

- Replacement of windows 80 properties
- More than 130 new kitchens and kitchen upgrades to meet SHQS
- 40 new bathrooms
- New entrance doors to more than 120 flats
- Installation of new boilers in around 180 homes
- A programme of new close doors and door entry systems
- Stone repairs to tenements on Shettleston Road

We will also be starting a programme of energy efficiency works as we develop our plans to meet the new Energy Efficiency Standard for Social Housing, EESSH2, and ensure our properties are as energy efficient as they can be. Over the past few months we have been working with specialists to assess our building types and determine the most effective ways of improving energy efficiency in our homes and the anticipated costs of these works. From our study it is clear that we will require significant investment of tens of millions of pounds to bring all of our homes up to the EESSH2 standard and we are investigating funding sources to assist with this.

Energy efficiency improvements will be a key focus for the Association in the coming years and we will be working hard



*Cyclical paint work is carried out by our Upkeep painters.*

to ensure we prioritise improvements that are cost effective and deliver the best results for tenants.

### Cyclical Painting

As part of the Association's commitment to investing in our stock and ensuring our properties are fresh and well maintained an annual programme of cyclical paint work is carried out by our Upkeep painters.

As part of the programme we painted the following:

- Metal railings
- Timber fences
- Close doors and windows
- Clothes poles
- Internal closes – walls, ceilings, stair treads and bannisters

This year's programme is now underway and will involve external works to around 130 properties and the redecoration of 28 closes.

### New affordable homes at St Marks

Our new family housing project on the site of the former St Marks Primary School is really beginning to take shape with the bulk of the groundworks completed, timber



*Making good progress at St Marks*

kits being erected and brickwork underway. Completion of the 44 homes is expected in spring 2023.

As part of this project our contractor JR Group is delivering a range of community benefits. So far they have provided assistance to local community groups including the supply of materials to the Shettleston Growing Project and hoodies for the Smelly Welly Club; installation of a door entry system at the Men's Shed; and the supply of materials for the refurbishment of Edrom Community Hall. In the coming months the focus will turn to employment and training opportunities with apprentices on site; work placement opportunities for local unemployed residents; and site visits for local schools and colleges.



### Tollcross Mansionhouse

After nearly 30 years in the Association's ownership, Tollcross Mansionhouse was sold at the end of March to developer Spectrum East Ltd – a private development company with a track record of working on historic buildings.

We refurbished the Mansionhouse in 1993 to provide elderly care housing. After many successful years this came to an end because the building no longer met the required standards. It has been mainly empty for some years. We have been unable to find another viable use for it and had to take the decision to sell.

We don't yet know what its future use will be. However, we have worked closely with the National Trust for Scotland (NTS) to ensure that the building's key architectural characteristics will be protected in the future by the terms of a new Conservation Agreement which is included within the titles for the sale agreement.

We are proud of our record in saving and looking after this well-loved local landmark for so many years and saddened to have to let it go. However, we do believe the sale will secure its future. We wish the new owners well and look forward to seeing the results of their investment. This comes at an exciting time for the Park with the development of the new children's nursery and the refurbishment of the Glasshouse both well underway.

## Board news



The Association's volunteer Board of Management is elected by the share-holding members of the Association. It oversees the work of the Association and takes all strategically important decisions. The Board generally monitors the performance of the Association and since the last newsletter has considered and taken decisions on the following items:

- The annual review of rents, service charges and factoring fees.
- The 2022/23 Budget and updated Business Plan.
- Revised policies on: Complaints Handling; Board Training and Development; Payments and Benefits; Estate Management.
- Emergencies & Business Continuity Plan.
- Review of reactive and void property maintenance costs.

Minutes of our Board meetings can be viewed on our website.

**Marian Hassan**, an SHA tenant, has recently been co-opted onto the Board. **Belle Barnes** and **Chloe Park** have recently stepped down.

*If you would like to know more about becoming a Board Member please contact **Tony Teasdale**, CEO. Training and support is available to new recruits. There is a significant time commitment but we aim to make Board membership enjoyable and interesting. Being a Board Member can be a great way of contributing to your community whilst gaining new skills and knowledge.*

## Staff changes

**David Wilson** (pictured) was welcomed into the team in January as our new Director of Customer and Community Services.



We are sorry to see the following staff move on from the Association:

- **Anila Ali**, Governance & Communications Officer, left in January to pursue a more senior position in another housing association. Anila worked here for over ten years and made a significant contribution during that time.
- **Gina McGregor**, our Finance Officer has decided to retire after 13 years with the Association.
- **Fiona Nicholl**, Director of Finance & Corporate Services joined us in 2018 and has been at the heart of the Association's business planning and organisational development. She is taking a career break and aiming to travel.
- **Jon Giddings Reid**, Community Regeneration Officer is also moving onto another housing association.

We thank all of these colleagues for all their hard work and wish them all the best for the future.



# Help with the cost of living...

**The Association aims to source additional help for residents where possible...**

## Fuel Support

Shettleston Housing Association has obtained £5,376 to help support 141 households by utilising the Housing Associations Charitable Trust (HACT)-Energy Hardship Fund. This is for cash vouchers/top-ups of £28 for singles/couples & £49 for families.

## Cash for Kids

The Association was successful in obtaining £13,375 from Cash for Kids to support children of low income families. In December 2021 we successfully obtained £4,375 from Cash For Kids and distributed 125 supermarket vouchers worth £35 per child to support families with essentials. In March 2022 we were awarded £9,000 from Cash for Kids and will be distributing this shortly.

## The Pantry

The Association works in partnership with Parkhead HA to provide fresh and nutritional food at a significantly subsidised rate. For a small membership fee you will be able to pay £2.50 and take home food worth £15. It operates on Wed 10am-3pm and Friday 10am-1pm at 981 Shettleston Road. Our Committee have agreed to use our Community Fund to help support our tenants deal with the rising cost of food. The fund will be used to waive the membership fee for hard pressed households and offer a free food shop for those in financial need.

David Wilson, Director of Customer & Community Services at Shettleston Housing, hopes that the funding and additional financial contribution from the Association will help alleviate the cost of living crisis that finds many households struggling to meet their essential expenditure for food, gas and electricity.

He said *"I'm delighted that we've been able to secure this additional funding and our Board have also agreed to contribute from our own Community Fund, to help support households at this extremely challenging time."*



## TSMAS

Tollcross and Shettleston Money Advice Service

**TSMAS, Tollcross and Shettleston Money Advice Service is a free confidential service ...**

**What does the money advice service do?**

- Help with budgeting
- Help to reduce rent arrears
- Negotiate with creditors
- Help with accessing affordable credit
- Assist with completing applications for benefit including Universal Credit
- Help access a bank account
- Help to reduce gas and electricity
- Help with choosing home contents insurance
- Maximise income
- Help to get online

**Who can access the service?**

- People whose home is rented from Tollcross Housing Association or Shettleston Housing Association
- People whose home is factored from Tollcross Housing Association or Shettleston Housing Association
- People who live within the Tollcross or Shettleston Area

**How to make an appointment?**  
Call or make an appointment on  
0141 764 1234  
advice@tollcrosscommunitytrust.org




Based at Tollcross Advice & Learning Centre, 84 Broadfield St, G3 7PJ  
Company No: 351117 Charity number: SC04076 FCA registered - Registration No: 501544



**YOUR COMMUNITY PANTRY**

- THE PANTRY PROVIDES FRESH AND NUTRITIONAL FOOD, AT A SIGNIFICANTLY SUBSIDISED RATE.
- CHOOSE FROM FRESH, FROZEN AND TINNED PRODUCE
- OPEN TO RESIDENTS OF PARKHEAD, SHETTLESTON & TOLLCROSS

SHOP - SAVE - COOK

**MEMBERSHIPS ONLY £2.50 SIGN UP AND SAVE TODAY!**

**Opening Times**  
Parkhead - 11 Back Causeway  
G3 1 5HE  
Tuesday 12-4  
Thursday 11-4

Shettleston - 981 Shettleston Rd  
G32 7JL  
Wednesday 10-3  
Friday 10-1



# Benefits update



## Scottish Child Payment changes

From April 2022 the Scottish Child Payment will be doubled to £20 per week per child. At present this payment supports low income families with children aged under 6. You are eligible to claim this benefit if you are in receipt of Universal Credit, Income Support, Jobseekers Allowance (Income Based), Employment and Support Allowance (Income Related), Child Tax Credits, Working Tax Credits and Pension Credits (Guarantee).

If you've not already claimed the Scottish Child Payment and you're in receipt of any of these benefits and have a child under 6 you should make an online claim for the benefit through the **mygov.scot** website as soon as possible.

By the end of 2022 the Scottish Child Payment is being increased to £25 per week per

child and is being extended to include any children up to 16 years of age if you meet the eligibility criteria.

You can find further information on this benefit and other benefits administered by the Scottish Government on the **mygov.scot** website.

You can also contact our office and speak to one of our Welfare Rights Officers who can provide advice concerning any potential benefit entitlement and assistance with making claims for any welfare benefits.

## Universal Credit transition to end by 2024

The Department for Work and Pensions have recently started a campaign advising people who are currently in receipt of Child Tax Credit and Working Tax Credit that they will be moved over to Universal Credit by the end of 2024 at which point Tax Credits

will no longer exist.

The campaign is also raising awareness that some people who are currently receiving Tax Credits may be 'financially better off' if they were claiming Universal Credit.

Before anyone makes a decision on whether to claim Universal Credit you should seek advice and check how much you would be entitled to by using independent online benefit calculators, as once you've claimed Universal Credit you cannot move back to Tax Credits. You can find some benefit calculators on the Universal Credit page of the Gov.uk website.

You can contact our office and speak to one of our Welfare Rights Officers who can complete benefit calculations to determine if you would be better off financially by claiming Universal Credit. They can also assist you with making the online claim for Universal Credit.



## Job opportunities

After an extremely successful recruitment drive Upkeep are pleased to announce the appointment of Scott Clarke who joins the team as an apprentice Joiner who will be working across SHA's stock on major works, void properties and reactive maintenance. Scott who lives locally joined us on 1st April and will gain valuable onsite experience before he starts his college placement.

Scott (pictured) is the second apprentice Joiner to join Upkeep this year and it is our



hope that the development of young talent locally will not only support improved employment opportunities locally but also allow Upkeep to develop our trade staff team as time moves on, giving the successful individuals the ideal platform to learn and develop.

Anyone interested in a future opportunities within Upkeep should keep an eye on Shettleston Housing Association's Social Media feeds and any eligible young people should register with Jobs & Business Glasgow and keep an eye on the Step Up Glasgow website for any future opportunities.

For more information or to discuss the types of opportunity that may become available feel free to call the office on **0141 764 3793** or email **enquiries@upkeepglasgow.org.uk**





## Energy issues

**This is a worrying time for many people with the impact of rising fuel prices, interest rates, and inflation all affecting the cost of living and having a direct impact on our pockets!**

If you're struggling with your fuel bills, or to pay your rent, please get in touch with us immediately. Please remember that paying your rent remains essential in order to protect your tenancy and your home.

At all times we aim to help you to effectively budget and we will work with you to put in reasonable rent repayment plans. Please note that failure to pay your rent on time puts your home at risk and impacts the funding of the services we are able to provide.

### Top tips

#### Review your energy bill: small savings available

Cheap energy deals have disappeared over the last few months so it's not a good time for most people to switch energy provider. If you haven't switched your energy supplier or tariff recently, or were moved to a new supplier when yours closed, you'll probably be paying out-of-contract rates. These didn't used to be good value but they're now among the cheapest tariffs so it's worth staying put for the moment. However the price cap on out-of-contract tariffs is likely to have risen on 1st April 2022. So compare gas and electricity prices in the weeks beforehand to protect yourself from more price increases.

#### Replace light bulbs:

Energy-saving light bulbs can help you to cut your energy bills. LEDs are the most energy-efficient light bulbs, use almost 90% less energy than traditional bulbs. For more information see the energy savings trust website.

#### Help with the increasing energy costs

From Friday 1 April, the energy price cap will increase by 54% for around 22 million customers in the UK. If you are concerned about how you will pay your energy bills, speak to your energy supplier as soon as possible.

How much is the price cap increasing by? People on default tariffs (where there is no fixed price guarantee or people who have been moved to a new

supplier) will see an increase of £693 if they pay by Direct Debit and an increase of £708 if they are on a prepayment plan.

Customers on a fixed deal will see no increases until their bill ends unless their provider fails and they are moved to a new energy supplier.

### How will the Energy Bill Discount Scheme work?

- Domestic energy customers in Great Britain will receive a £200 cash discount on their bills this Autumn. The government will provide funding to all suppliers for them to pass on to their domestic energy customers from October.
- Customers will pay back the discount automatically in equal instalments over five years, starting from financial year 2023-24, when wholesale gas prices are expected to come down. This is expected to be reflected as an increase to standing charges on bills.
- This approach will help to spread the increased costs of global prices over time in a way that is more manageable for households.

#### The Home Heating Support Fund:

[www.homeheatingadvice.scot](http://www.homeheatingadvice.scot) are working in partnership with the Scottish Government to deliver the Home Heating Support Fund for households struggling with energy costs.

The fund seeks to provide financial relief to energy consumers who are experiencing significant financial hardship and strives to provide this support to households regardless of the fuel or payment method used. Please contact your housing officer and we may be able to make a referral for you.



**British Gas Energy Trust:** No matter which energy company you are with – if you're struggling with your bills, you are not alone. British Gas Energy Trust is here to help. They are an independent charitable trust set up to support families and individuals facing financial hardship and energy debt across England, Wales and Scotland.

The rising cost of living means more people are experiencing financial difficulty for the first time. If you're worried about money and energy debt and don't know where to turn, then take the first step to understanding what support is available.

IncomeMax, a social enterprise funded by the Trust, has produced the Bounce Back Checklist that details benefits, grants and organisations that can help, whatever your circumstances. More details can be found on the British gas website.

## Even quicker tips to help save your pennies

- Know where your energy costs are coming from. A smart meter shows how much energy you use in real time and how much it costs.
- Don't leave your gadgets on standby. There are limits on standby power consumption of more recent electronics but take more care if you've had them a while.
- Only run your washing machine and dishwasher when they're full, and use energy-efficient programs.
- Dry your washing outside, rather than using your tumble dryer.
- Defrost food in your fridge to help cool it, and cool hot food

before you put it in the fridge or freezer.

- Only boil as much water in the kettle as you need.
- Wash at 30°C or 20°C where possible – unless you're washing really soiled clothes, Best Buy washing machines still do a good job. Clean your tumble dryer's filters to keep it efficient.

## Energy saving tips when heating your home

- **Ensure that you know how your heating controls work** – There are many different types of heating controls but all will include a programmer (time control), at least one room thermostat (temperature control) and, if you have radiators, thermostatic radiator valves (TRVs). Your maintenance officer can advise on the best use of your system.
- **A timer or programmer** allows you to control when your heating and hot water comes on and when it goes off. This allows you to set your heating so that it only comes on when you need it. Plan ahead and think carefully about when you need heating on and when it can be switched off. Remember, your home will stay warm for a period once the heating is switched off so if you know you are going to be out all day set the heating to switch off a short time before you will be going out.
- **Room thermostats** prevent your home from getting warmer than

necessary. They turn the heating on until the room reaches the temperature you have set, and then off until the temperature drops. Make sure you don't block thermostats by curtains or furniture as these can affect air flow and give false readings.

- Remember, turning down your thermostat by just 1°C can reduce the cost of your bills. Set your room thermostat to the lowest comfortable temperature – generally between 18°C and 21°C. If you only have a single room thermostat for the whole house, for every degree you increase the temperature, it will increase your heating bill by about 10%.
- **Thermostatic radiator valves (TRVs)** control the flow of hot water through the radiator they are fitted to. They work by sensing the air temperature around them. If the room is warmer than the setting on the TRV, the valve will close a little, reducing the volume of hot water flowing into the radiator. If the room temperature is lower than the TRV setting, the valve opens, increasing the flow of hot water into the radiator. A lower setting reduces the volume of hot water, using less energy and saving you money. If you are not using a room remember to turn the radiator TRV down but not off completely as this will prevent condensation and dampness.



More detailed help and guidance on saving money when heating your home can be found on the Energy Saving Trust website:  
<https://energysavingtrust.org.uk/energy-at-home/>



## Looking after our area...

**We are reviewing our policy and invite you, our customers, to provide your views on this.**

Estate Management is concerned with maintaining the physical condition, cleanliness and safety of the overall housing environment to ensure that neighbourhoods are places in which people want to live.

Estate Management involves our staff and our contractors, plus statutory and partner agencies, working together to proactively manage our properties, common areas and the local environment. Our aim is to ensure that residents can continue to enjoy an attractive and well-maintained area.

The appearance of the local environment has a big impact on the quality of life within communities and on the wellbeing of residents. Effective estate management means residents can enjoy a clean and peaceful environment. If we don't manage the area effectively, it becomes run down and environmental antisocial behaviour will increase. Current residents may then want to leave and potential future residents may not want to live within our communities. This all has serious and negative implications both for the area and the Association.

Our draft Policy sets out how we aim to manage our communities, which includes tenant participation, and how we will react when issues arise. It includes timescales for the work we carry out within our communities and sets out our



*Working in partnership: housing officers Allyson Fraser and Karen Galloway with GCC Ward Co-ordinator Gary Wilson on an estate walkabout.*

approach to working with partner agencies to enhance and improve the physical aspect of our communities. It also says how we will monitor and keep under review our performance and success or otherwise in implementing the Policy. A copy of the proposed Policy can be

viewed on our website or a paper copy can be sent to you if you request one from the office. We are seeking comments by the end of April 2022. You can give your views over the phone to your housing officer or any member of staff at SHA, **0141 763 0511**, by e-mail to **sha@shettleston.co.uk**.

### Bulk Uplift

Tenants and owners living in tenemental property are reminded to leave any bulk items they wish uplifted within the backcourt area. This is collected by our Upkeep estate caretaking team on at least a fortnightly basis and removed directly to the GCC recycling centre. Please contact your housing officer if you need clarification on the dates that the bulk is uplifted or alternatively, please see our website for details of when the team visits your close.

Please let us know if you have any queries or comments about the bulk uplift service.





# Repairs

## COVID – not over yet!

As you will may have noticed we have been carrying out our normal repair service.

Including all reactive repairs, cyclical works and investment projects. It is important to remember that COVID-19 is still active and the following guidelines will continue to be followed to keep residents, contractors, and Shettleston Housing Association Staff safe.

If you do have to contact us about a repair we will ask you some questions about your current situation and whether you are self-isolating or shielding so that we can understand how best to protect you and your family, as well as our contractor and staff.

When our contractor or staff member attends they will:

- Ask again whether your circumstances have changed and if you are self-isolating or shielding.
- Distance themselves by at least 2m from anyone answering the door.
- Ask you to remove yourself to another room in the house to allow the repair or inspection to be carried out.
- Avoid touching surfaces where possible and wipe down any areas they have to touch.
- Wear protective gloves and other, additional protective clothing where necessary.
- Ask if they can wash their hands before and after their visit (if you are happy for them to do so). Alternatively



**they will use hand-sanitiser before and after carrying out works.**

We would ask that you continue to minimise interaction with our contractors and staff and stand at least 2m away. They will show you identification when they arrive and once you have checked this please leave them to undertake their work.

By following these steps we can all minimise the risk of infection.

## Annual Gas Servicing

It is imperative that your gas system is checked and your boiler serviced annually and it is also a mandatory responsibility for the Association to ensure that it is done. We therefore really need your co-operation to gain access

to your property to have this important work carried out. We would appreciate it if you would contact us to make alternative arrangements if the programme dates provided by our contractor do not suit you and remember that our repairs number is **Freephone 0808 2026565**.

## Electrical Testing

We are continuing with our programme of electrical safety inspections. These 5-yearly inspections are extremely important and are required to ensure we keep your home safe and compliant with legislation.

We are experiencing a high number of no accesses, tenants ignoring our letters and no access cards can you please let us know if you have changed your contact details.

**Electrical Testing:** SHA have to comply with Scottish Government legislation, access must be given. SHA will contact tenants advising them the electrical check is due and our contractor Rodgers Electrical will arrange access. Please confirm access or arrange a suitable date, phone **01236 779399**. The importance of electrical checks, means that we will force access, to ensure compliance with government legislation.

**Safety – keep area around consumer unit clear, and flammable items store elsewhere.**

## Repairs FREEPHONE Number 0808 202 6565

Don't forget that we have a Freephone number for you to report your repairs directly to our maintenance team – call 0808 202 65 65 Monday to Friday, 9.00am till 5.00 pm – and we will deal with your repair quickly and efficiently.



# In the community...



## Shettleston 100 has landed!

The new project to tackle household waste and save money.

Did you know that simply unplugging electrical appliances when not in use can reduce yearly household energy bills by 5-10 percent. Imagine those savings. At Shettleston 100 we want to raise awareness on reducing the demand for unnecessary products and reducing waste.

The Shettleston 100 project will explore how best to engage residents in climate action, with a particular focus on reducing wasteful consumption. Working in partnership with Glasgow Kelvin College, local schools and Shettleston Housing Association, we want to recruit 100 Shettleston residents to complete purchase, consumption and waste diaries. In return members of the project will have opportunities to participate in workshops, and win prizes whilst receiving tips on waste reduction. The process could ultimately help you save money as well as reducing your impact on the environment.

Funded by the Climate Action Fund at the National Lottery – which aims to reduce the carbon footprint of communities and support community – led movements that demonstrate what is possible when people take the lead in tackling climate change.

Keeping alive the Cop26 legacy this project is needed now more than ever. More than half (56%) of Scottish Adults are

worried about the impact of climate on their local community but many are unsure what they can do about it. Shettleston 100 is a way for you to use your voice, your research and your ideas to plan for the future.

To sign up go to [fuseonline.org.uk/shettleston100](http://fuseonline.org.uk/shettleston100) and fill out the registration form. We can be part of the future strategy together.

At Fuse some of our young people have been getting into the climate action spirit designing these creative logo designs and posters.





**SHETTLESTON HOUSING ASSOCIATION**

**SHETTLESTON DOES DIGITAL**

**07598728156**

✉ [sdd@fuseonline.org.uk](mailto:sdd@fuseonline.org.uk)

📘 [facebook.com/shettlestondigital](https://facebook.com/shettlestondigital)

**Tuesdays: 10am-3pm** The Pantry

**Thursdays: 10am-3pm** The Pantry

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**Need help with using your laptop, tablet or phone?**

**Want to learn how to use the internet safely?**

**Would you like to connect with family or friends online?**

If the answer is yes to any or all of these questions then why not give **Shettleston Does Digital** a call?

<p><b>What is <i>Shettleston Does Digital</i>?</b></p> <p><b>Who is <i>Shettleston Does Digital</i>?</b></p> <p><b>Who can access the service?</b></p> <p><b>How will the service be delivered?</b></p> <p><b>Is there a cost?</b></p> <p><b>What if I don't have a device?</b></p>	<p><b><i>Shettleston Does Digital</i> is a new free service that is aimed at helping members of the community use their digital devices.</b></p> <p><b>This is an exciting new service from Shettleston Housing Association funded by Glasgow City Council and delivered by Fuse Youth Cafe.</b></p> <p><b>Anyone over the age of 16</b></p> <p><b>Initially you phone us for an appointment, and we will do one to one training aligned to your need.</b></p> <p><b>The service is completely FREE</b></p> <p><b>We have devices available to use.</b></p>
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**Fuse Youth Cafe**  
1567 Shettleston Road, G32 9AS

**The Pantry**  
981 Shettleston Road, G32 7LN





## Shettleston Community Growing Project



### Volunteer with us, make a difference

For people who like the idea of working outdoors in the fresh air but don't want the responsibility of a plot, then volunteering with us could be the answer. Our volunteers help maintain the project site and carry out other great work for the benefit of the local community.

There's a great variety of tasks to be done – from planting seeds to harvesting crops, cutting grass to repairing fences, maintaining the wildlife garden or just watching the world go. No three days are ever the same. Volunteers will learn new skills that could help with finding employment or further training and will certainly get fitter and feel better and make new friends.

Volunteering sessions run on Tuesdays, Wednesdays and Thursdays from 10.00 am – 1.30 and Lunch is provided. Sessions are led by an experienced gardener who will help you and guide you every step of the way and allocate tasks according to



your interests and ability. There's also plenty of time for enjoying a laugh and a chat with fellow volunteers during tea or lunch breaks. Why not give it a try, what have you got to lose.

If this sounds like something you would be interested in for more information about the project, contact **Kenny McCubbin** on **07879 333846** or email **Kenny.McCubbin@shettlestongrowing.org.uk**.

### Smelly Welly Club returns for another exciting growing season

April sees the Smelly Welly Club open its doors again for the start of another great growing season. We will be welcoming members

old and new and working with some great partners from last year and two new staff members will also be joining us for what will be another exciting year.

With even more fun activities on offer, including, vegetable and fruit growing and eating, cooking classes, learning about nature and the environment, pizzas and barbecues, day trips and not one but two residential trips to look forward to, it is undoubtedly going to be the best year yet.

Spaces are limited, so if it's something that you think your kids might be interested in then why not bring them along and register them up for the club, it only takes five minutes.

Our after-school Club restarts back on Tuesday 19th April, running from the new time of 3.15pm – 5.15pm on Tuesdays and Thursdays. Again, spaces will be limited, so to avoid disappointment, please register your kids early.

For more information on anything related to Smelly Welly Club please call **Kenny** on **07879 333846** or email me at **Kenny.McCubbin@shettlestongrowing.org.uk** or message through Facebook or Twitter.

## Shettleston Men Shed reopens

After a long hiatus due to the pandemic the Shettleston Men Shed aims to re-open in the near future. The men's sheds provide a social and recreational outlet for a group of people that can be at risk of loneliness and of developing physical and mental health problems and the Shed at 647 Shettleston Road provides a



focal point for likeminded individuals to meet and work together. The team at the Shed are eager to get things up and running and with the help of SHA

and funding from GCC's local Area Partnership essential works to ensure the Shed is COVID safe including a deep clean, sanitisation points, improved ventilation and partitioning have been installed.

More information can be found at: **<http://shettlestonmensheds.uk/>** or by emailing: **[shettlestonmensheds@outlook.com](mailto:shettlestonmensheds@outlook.com)**.



## Finding Your Feet

On 4th March 2022 Shannon Todd, Upkeep's Technical Support Officer hosted an 'AmpuTEA' morning to raise vital funds for Finding Your Feet. Through Shannon's efforts and the generosity of the Association's group staff we were able to raise a fantastic £876 to support a charity whose vital work Shannon has experienced first-hand.

Finding Your Feet support families affected by amputation or limb absence, through a range of sporting initiatives and social inclusion projects designed to positively affect both physical and mental wellbeing. Like the majority of charities their fundraising activities have been greatly impacted by the COVID-19 pandemic and events such as this are critical to ensure their life changing support services continue to be delivered.

For more information on Finding Your Feet can be found on their website;  
<https://findingyourfeet.net/>.

### How well did we do?

Tell us on [www.shettleston.co.uk/survey](http://www.shettleston.co.uk/survey)    
 ...and follow us on

## Useful contacts



### General Enquiries

763 0511

### Repairs

0808 202 6565 (Freephone)

(between 9am - 5pm weekdays)

### Emergency Repairs

0808 202 6565 (Freephone)

(after 5pm, weekends and public holidays)

### Texting Service

07407 492606

### Police Scotland

101

### National Grid Gas Emergencies

0800 111999

### Scottish Water

0800 077 8778 (24hr)

### Glasgow City Council

Cleansing Department Bulk Refuse 287 9700

Environmental Health 0141 287 1059

Pest Control 0141 287 1059

Stair Lighting 0800 595595

Street Lighting 0800 373635

### Benefit Agencies

Job Centre Plus 0800 169 0190

Housing & Council Tax [www.glasgow.gov.uk](http://www.glasgow.gov.uk)

Office Opening Times Wed and Thu 2pm - 5pm

Appointments available outwith these hours

## Application for Membership of Shettleston Housing Association

*Membership gives you the right to attend our AGM, vote in Committee elections and stand for election yourself.*

Title: \_\_\_\_\_ First Name: \_\_\_\_\_

Surname: \_\_\_\_\_

Address: \_\_\_\_\_

Postcode: \_\_\_\_\_

Tel: \_\_\_\_\_

Email: \_\_\_\_\_

**Status:** Please tick box (where appropriate)

☐ Shettleston Housing Association tenant

☐ Resident within Shettleston, Springboig, Greenfield or Sandyhills areas

**In making this application I declare that:**

- The information opposite is correct.
- I am over 18 years of age (or 16 in the case of Association tenants).
- I have read and accept the Information on the **Rights & Responsibilities of Association Membership** (see website or request paper copy).
- I will abide by the Association's rules in my conduct as a member.
- I attach £1.00 payment.

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Post or hand in to:

Shettleston Housing Association,  
 Helen McGregor House, 65 Pettigrew Street,  
 Glasgow G32 7XR

Tel: 0141 763 0511

Email: [sha@shettleston.co.uk](mailto:sha@shettleston.co.uk)

Web: [www.shettleston.co.uk](http://www.shettleston.co.uk)

